

EVENING REVIEW

Examine

Search me, O God, and know my heart; test me and know my anxious thoughts. Point out anything in me that offends you, and lead me along the path of everlasting life. Psalm 139:23,24 (NLT)

LifeSOURCE - my life rooted in God

- Where was I aware of God's presence today?
- What experience have I had of his help?

Thank God for the things, the people and the spiritual blessings that he has given today.

LifeSHAPE - my life lived for God

- How have I lived out the six LifeSHAPES today?
- Are there ways that I have felt bent out of shape or have failed God in some way today?

Talk to God about your attempts to live like Jesus today. Ask for forgiveness where necessary.

LifeSTREAMS - making time for God

- What has God said to me today through prayer, the Bible or my time alone with him?
- How have I given or received the support of Christian friends?

Talk to God about what he has been saying to you.

Rest in Confidence

You, Lord, are all I have,
and you give me all I need;
my future is in your hands.
How wonderful are your gifts to me;
how good they are! Psalm 16:5,6 (GNB)

PrayerLIFE

Prayer is central to a life that works.

Jesus himself made regular times to be alone to pray. He prioritised spending time with his Father over other demands on his time.

The contents of this leaflet provide you with some words for a time of prayer during the day and some questions for reflection at the end of the day, all based on the main themes of LifeWORKS

Real prayer comes from our hearts, not from a leaflet, so feel free to use this resource as a springboard to launch you into an honest conversation with God.

**LifeWORKS is a way of
helping us live our
lives to the full, as
followers of Jesus.**

**Whether we've just
started following Jesus,
or been doing so for
many years - LifeWORKS
helps our faith stay fresh and real.**



for more details of LifeWORKS
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LifeWORKS

following Jesus at TBC

PrayerLIFE

LifeSHAPE

live for God

LifeSTREAM

connect with God

LifeSOURCE

rooted in God



PRAY during the day

Centre: Be still. Slowly repeat these lines.

You, Lord, are all I have,
*
and you give me all I need;
*
my future is in your hands.
*
Psalm 16:5 (GNB)

Alternatively use: Psalm 23:1; Psalm 42:1; Psalm 63:1.

Praise: Use a worship song, Psalm
or the following:

I will exalt you, my God and King,
and praise your name forever and ever.
I will praise you every day;
yes, I will praise you forever.
The Lord is merciful and compassionate,
slow to get angry and filled with unfailing love.
The Lord is good to everyone.
He showers compassion on all his creation.
All of your works will thank you, Lord,
and your faithful followers will praise you.
For your kingdom is an everlasting kingdom.
You rule throughout all generations.
Psalm 145:1,2,8-13 (NLT)

Confess: Leave your shortcomings with God.

Have mercy on me, O God,
because of your unfailing love.
Blot out the stain of my sins.
Create in me a clean heart, O God.
Restore to me the joy of your salvation,
and make me willing to obey you.
(From Psalm 51)

Listen: let God speak to you as you reflect:

Read the Bible.
Read slowly. Listen for what the Spirit
might be saying to you.
Use the LifeWORKS 'How is My Life?' questions .
You might just use one question a day, and listen for
God speaking to you about that area of your life.

Ask: Pray for some or all of the following:

- For the world's needs, and the persecuted church.
- For TBC (using the Connect Guide).
- For friends and family.
- For your Frontline - where will you be today?
- For people who make your life hard.
- For yourself.

The LifeSHAPE prayer:

Loving God, may my life be shaped by:
Obedience, that pleases you in all that I do.
*
Trust, that you are able to supply all my needs.
*
Contentment, that does not rest on circumstances.
*
Gratitude, that celebrates all your goodness.
*
Courage, that stands up, and speaks out, for you.
*
Generosity, that gives and does not count the cost.
*
I choose to be like Jesus.
Give me grace to take his shape today.
Amen.

Going further:
End your prayer time with the Lord's Prayer

* at an asterisk pause,
think deeply about the words you are saying.

Promise: The LifeWORKS blessing.

"Blessed are those who trust in the Lord
and have made the Lord their hope and confidence.
They are like trees planted along a riverbank,
with roots that reach deep into the water.
Such trees are not bothered by the heat
or worried by long months of drought.
Their leaves stay green,
and they never stop producing fruit.
Jeremiah 17:8,9 (NLT)

Affirm: Your LifeSOURCE - rooted in God.

Today I can live joyfully,
rooted in the goodness of God:
My Father, who has chosen me and adopted me,
and who calls me his child.
*
Jesus, my Lord and my Saviour, who died for me,
has set me free
and who calls me his friend.
*
The Holy Spirit, who has opened my eyes to God,
who empowers me to serve him
and who calls me his home.
*
Rooted in the Father, the Son and the Holy Spirit,
I have nothing to prove.
I have nothing to fear.
If God is for me, who can be against me?
God's grace and mercy are enough.
I will live this day in full confidence
in the kindness of God.
Amen.

