

LIFEquestions

Your Story

- Think of someone you trust. What makes them trustworthy in your eyes?

God's Story*:

Read the passages on the opposite page.

Take a slow look at the LIFEtexts(opposite) and consider these questions:

- What might it mean to 'trust in the Lord', but with only *'part'* of your heart? (Prov.3:5). What would be the result of that?
- How can our 'own understanding' get in the way of complete trust? (Prov.3:5)?
- How can trust in God, affect our troubled hearts? (John 14:1). Does anyone have experience of this?
- Let each person choose just one verse from the Matthew 6:25-32. Their verse should either be something that inspires them to trust, OR something that puzzles them. Let each person share their verse and explain why they have chosen it. Discuss what each person's choice teaches us about trusting in Jesus.
- If you were using these verses with a new Christian, what questions do you think they might have? How would you answer them?

Your Story

- What does it mean for you to 'trust God' at the moment?
- Pray together about your responses.

* These questions are a guide only. Do not feel you have to cover them all. Do feel free to allow the conversation to develop in other directions, if it seems fruitful (and stays on the subject!). Do pray for one another.

Trust in the Lord with all your heart; do not depend on your own understanding.

Proverbs 3:5

"Don't let your hearts be troubled.

Trust in God, and trust also in me.

John 14:1

25 "That is why I tell you not to worry about everyday life—whether you have enough food and drink, or enough clothes to wear. Isn't life more than food, and your body more than clothing? 26 Look at the birds. They don't plant or harvest or store food in barns, for your heavenly Father feeds them. And aren't you far more valuable to him than they are? 27 Can all your worries add a single moment to your life? 28 "And why worry about your clothing? Look at the lilies of the field and how they grow. They don't work or make their clothing, 29 yet Solomon in all his glory was not dressed as beautifully as they are. 30 And if God cares so wonderfully for wildflowers that are here today and thrown into the fire tomorrow, he will certainly care for you. Why do you have so little trust (or *'faith'* - *it's the same word in Greek!*)? 31 "So don't worry about these things, saying, 'What will we eat? What will we drink? What will we wear?' 32 These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs.

Matthew 6:25 - 32

LifeSHAPE
live for God

LifeSTREAM
connect with God

LifeSOURCE
rooted in God

