

Thornbury Baptist Church  
Small Group Discussion Questions

**Talk Date:** November 2<sup>nd</sup> 2025

**Talk title:** Running Well

**Passage:** Hebrews 12:1-3

**Speaker:** Peter Morden

**Discussion Questions**

- In what ways does 'running a race' help us understand the nature of Christian discipleship?
- The passage tells us to 'look to Jesus'. How do members of the group keep Jesus constantly in view in daily discipleship?
- Peter mentioned the value of people 'cheering you on' in the race.
  - Have there been times when people in the group have been especially grateful for the support of others? What form did it take?
  - What are the challenges involved in offering support and encouragement to those who we perceive to be flagging the Christian 'race'?
- Thinking of the instruction to set aside everything that could hold us back in the discipleship 'race', what sorts of things could have that effect on our spiritual progress?
  - Does anyone have experience of 'laying aside' something that was hindering their discipleship? What made them decide to take action?
  - Is there anyone in the group that is trying to 'lay aside' something at the moment? Maybe pray for them if they would welcome that.
- Peter mentioned the way that many adverts 'play into our desire to take shortcuts'?
  - What 'shortcuts' to holiness are on offer in today's Christian culture?
  - How do we avoid falling for the false home that they offer?

**Takeaway**

What is the main thing each person is taking away from this discussion?

Spend time praying with one another in the light of your discussion.